**The Kairos Method**

Bible Passage………………………………………………………………..……..

|  |
| --- |
| Summary *(content in a few words)* |
| God Thought |
| Life Thought *(Promise/command/lesson/warning)* |
| Self Thought *(Something special God’s saying to you)* |
| Special Verse *(Some words that stand out to you)* |

**The Swedish Method**

Bible Passage……………………………………………………………………………………...

|  |
| --- |
| http://i1.wp.com/www.matthiasmedia.com/briefing/wp-content/uploads/2009/01/lightbulb.jpg?zoom=1.5&resize=40%2C40A light bulb: This should be something that ‘shines’ from the passage—whatever strikes you the most or catches your attention |
| http://i2.wp.com/www.matthiasmedia.com/briefing/wp-content/uploads/2009/01/question_mark.jpg?zoom=1.5&w=584A question mark: Write any questions you have about the passage |
| http://i2.wp.com/www.matthiasmedia.com/briefing/wp-content/uploads/2009/01/arrow.jpg?zoom=1.5&resize=40%2C40An arrow: write down anything which convicts or challenges you or something you would like to remember |